



PHILMONT PERSONAL EQUIPMENT LIST

TROOP 7

Packing:

- Backpack (external frame 4000∇ in³ or internal frame 4800∇ in³)
- Pack cover, waterproof nylon
- 6 - 12 1-gal. Zip-Lock plastic bags (to pack clothes)

Sleeping:

- Sleeping bag in stuff sack lined with plastic bag
- Sleep clothes (T-shirt & gym shorts) - worn only in sleeping bag
- Straps to hold sleeping bag on pack
- Sleeping pad (closed-cell, Therma-Rest, etc.)

Layer A (Hiking Clothes)

- Hiking boots (**well** broken-in)
- Sneakers or tennis shoes (lightweight)
- Heavy socks (2 pairs)
- Inner socks (3 pairs, polypropylene)
- Underwear (3 changes)
- Hiking shorts (2 pairs)
- Short-sleeve shirts (3, Troop 7 crew shirts)
- Hat or cap (flexible, with brim)

Layer B (Cool Evening)

- Long-sleeve shirt (1, wool or flannel)
- Long pants (1 pair, cotton or nylon; **no** jeans)

Layer C (Cold)

- Sweater or jacket (wool or polar fleece)
- Stocking cap (toboggan) (wool, polypropylene, or acrylic)¹

Layer D (Cold, Wet, Windy)

- Rainsuit (a rain jacket and pants are best; these should be waterproof not just water-resistant)

Eating

- Bowl, deep (small, plastic)
 - Cup, drinking (with cup measurements)
-

Spoon (lightweight, Lexan is preferred)

Water bottles (2-3, qt.-size)

Personal and Miscellaneous

Pocketknife, small

Matches and lighter in waterproof container

Flashlight (small with extra batteries & bulb)

Philmont map

Compass

Bandannas or handkerchiefs (2)

Money ((\$10-\$20 in small bills)

Lip balm (with SPF of 25), Chapstick

Soap, biodegradable (*may share with buddy*)

Toothbrush & toothpaste

Towel, small

Sunscreen (minimum of SPF 15) (*may share with buddy*)

Sunglasses (inexpensive)

Eyeglasses & case (if required)

Ditty bag (for personal items in bear bag)

Moleskin

Nylon cord: 1/8" x 50' (*share with buddy*)

Optional

Camera & film

Whistle

Watch

Rubber bands (for packing)

Foot powder (*may share with buddy*)

Notepad & pen

Daypack for side-hikes (*may share with buddy*)

NO RADIOS, TAPE/CD PLAYERS, PHONES, OR HAMMOCKS.